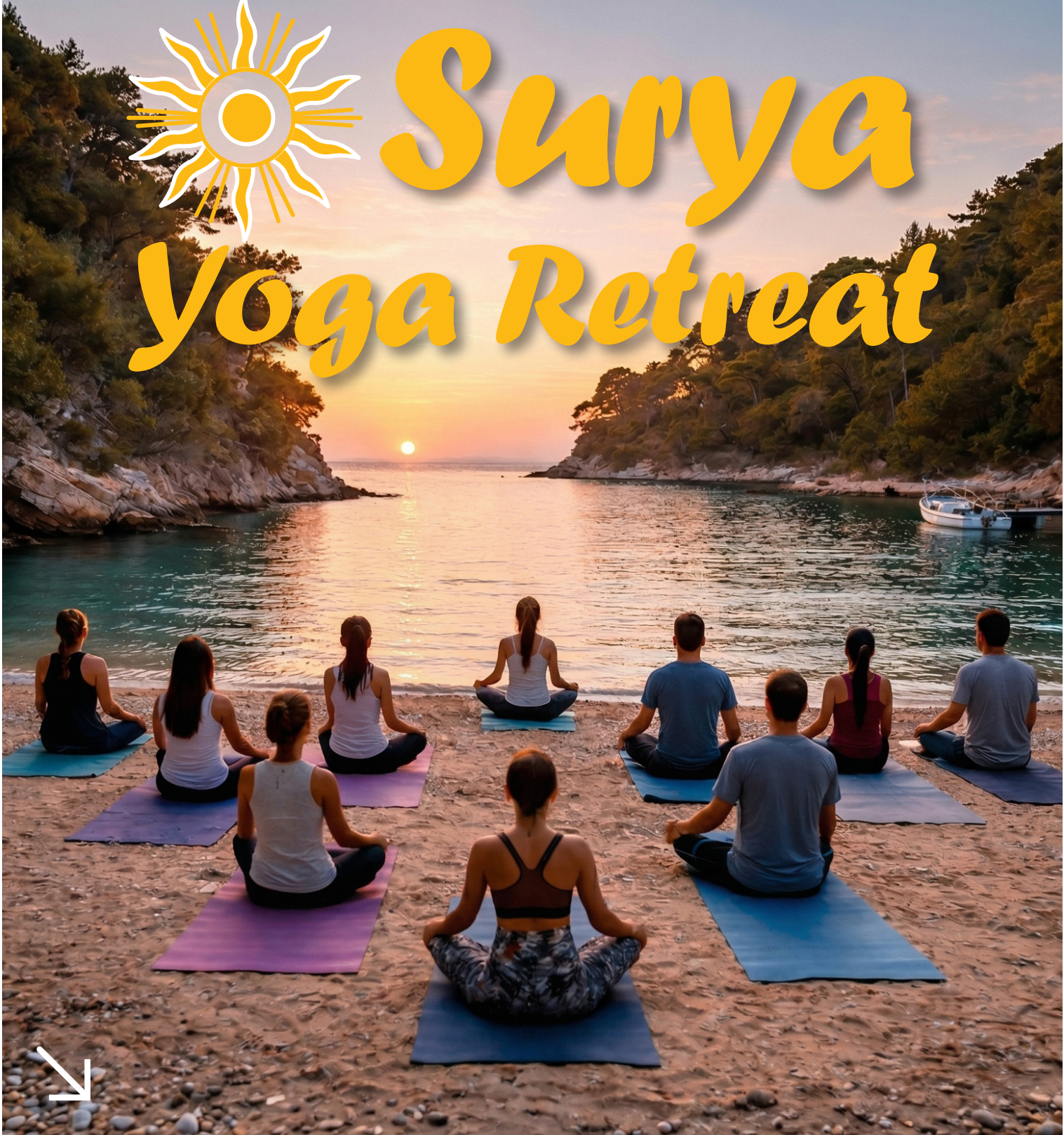


▾ PITVE - HVAR - CROATIA

MAY 30 - JUNE 6, 2026



Surya Yoga Retreat



A space for deep rest,
inner transformation,
and reconnection with nature.



REGISTRATION

Pitve, Island Hvar

Accommodation

Nestled within the ancient stone architecture of Hvar's interior, the historic settlement of Pitve offers a preserved glimpse into Dalmatian heritage. Surrounded by century-old vineyards and olive groves, this elevated village provides a serene vantage point overlooking the Jelsa valley and the Adriatic Sea beyond.

Staying in a luxury Villa with Pool in this tranquil setting combines authentic Mediterranean charm with modern technical amenities. These properties feature restored masonry and private aquatic facilities, ensuring a secluded retreat that balances the island's rugged topography with high-end comfort and architectural elegance.





Pricing (per person)

Including: Retreat program,
Accommodation, Breakfast,
Lunch, Evening snack

- 1 Double room: €1250
- 2 Single room: €1400
- 3 Studio apartment: €1350

Deposit: €350 (non-refundable)



Program Highlights

1. Daily Yoga & Meditation

Start each morning with structured yoga sequences and guided meditation sessions designed to cultivate physical alignment and mental stillness.

2. Pranayama (Breathwork)

Engage in systematic pranayama practices to master respiratory control and regulate the body's autonomic nervous system.

3. Plant-based meals

Consume a specialized nutritional program consisting of plant-based meals, of which are served in their raw, nutrient-dense state.

4. Ayurveda workshop

Participate in educational workshops exploring the foundational principles of Ayurveda and personalized holistic health strategies.

5. Nature & village excursions

Explore the island's biodiversity and local cultural heritage through guided excursions into nature and nearby historic settlements.

6. Sound healing

Experience deep therapeutic relaxation through sound healing sessions utilizing specific acoustic frequencies to harmonize the body's energy.

7. Cacao ceremony

Join a communal cacao ceremony to facilitate emotional release and enhance mindfulness through the ritual use of pure cacao.

8. Creative macramé workshop

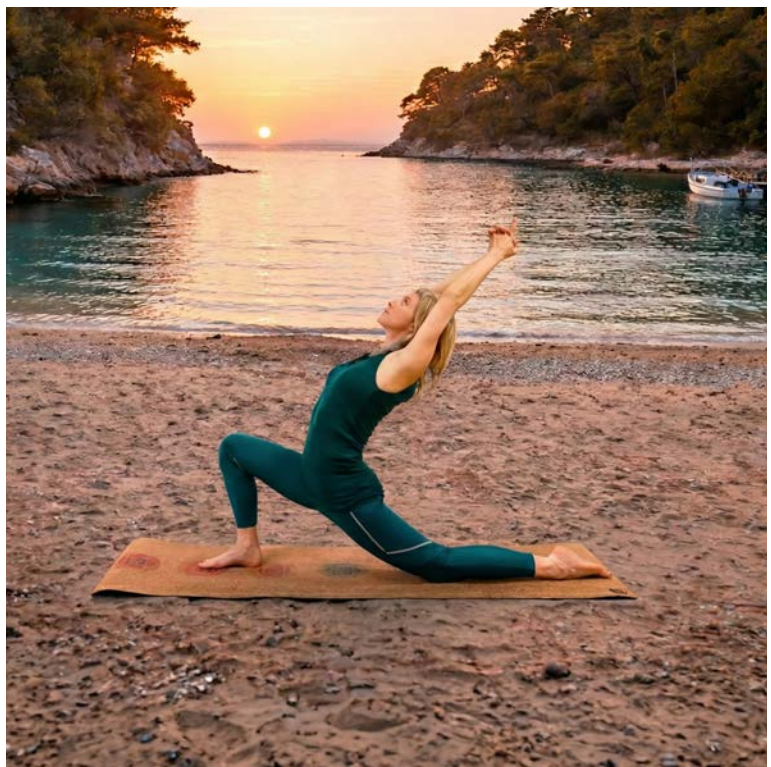
Learn the technical craft of macramé in a creative workshop focused on intricate knotting techniques and textile design.

9. Free time: beach, pool, relaxation

Daily Rhythm

Morning yoga and Ayurveda lecture, followed by breakfast and free time.
Afternoons for relaxation or activities.

Evenings include meditation, light meals, walks, and special events such as
sound healing or music gatherings.





Dharma Yoga
hvar

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REGISTRATION